

<b>Benjamins</b>	<b>Dames</b>
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plaats	voornaam en naam	club	punt
<b>1</b>	<b>9 FREYA DE JONGE</b>	<b>RCTAL</b>	<b>60</b>
<b>A1</b>	<b>01:23,70 20 A3 00:47,76 20 A5 00:44,57 20</b>		
<b>2</b>	<b>8 HANNE CASTEELE</b>	<b>RCTAL</b>	<b>52</b>
<b>A1</b>	<b>01:29,09 18 A3 00:52,97 18 A5 00:51,75 16</b>		
<b>3</b>	<b>7 PHEBE VERDICKT</b>	<b>RCTAL</b>	<b>50</b>
<b>A1</b>	<b>01:35,07 16 A3 00:52,98 16 A5 00:45,09 18</b>		
<b>4</b>	<b>6 RUTH DE GREEF</b>	<b>RCTAL</b>	<b>42</b>
<b>A1</b>	<b>01:36,66 14 A3 00:56,91 14 A5 00:57,16 14</b>		
<b>5</b>	<b>2 ILHAM KOUDAD</b>	<b>RCTAL</b>	<b>39</b>
<b>A1</b>	<b>01:43,22 13 A3 01:04,79 13 A5 01:02,62 13</b>		
<b>6</b>	<b>3 RANIA KOUDAD</b>	<b>RCTAL</b>	<b>35</b>
<b>A1</b>	<b>01:49,64 11 A3 01:05,93 12 A5 01:05,70 12</b>		
<b>7</b>	<b>4 PHARA ENGELS</b>	<b>RCTAL</b>	<b>34</b>
<b>A1</b>	<b>01:47,19 12 A3 01:10,75 11 A5 01:06,28 11</b>		

**Miniemen**

**Dames**

plaats	voornaam en naam	club	punt
1	13 KATELIJNE KLAASSEN	LERC	60
A1	01:12,39 20 A3 00:42,36 20 A5 00:40,98 20		
2	11 YILKE VANOUDENHOVEN	RCTAL	49
A1	01:15,93 18 A3 00:43,95 18 A5 00:55,13 13		
3	12 SHANI MAIEU	PORC	46
A1	01:17,13 16 A3 00:46,40 16 A5 00:43,61 14		
4	10 JINSKE FLORUS	LERC	46
A1	01:21,75 14 A3 00:47,00 14 A5 00:41,38 18		
5	5 CHARLOTTE NUYENS	PORC	42
A1	01:49,34 13 A3 00:58,16 13 A5 00:43,00 16		



Cadetten				Dames
plaats	voornaam en naam		club	punt
<b>1</b>	<b>41 CHARLOTTE</b>	<b>VAN DER HOEK</b>	RBD	<b>60</b>
A1	02:30,87	<u>20</u> A3 01:35,34 <u>20</u> A5 01:15,72 <u>20</u>		
<b>2</b>	<b>34 ZOË</b>	<b>REMMERY</b>	RDK	<b>50</b>
A1	02:49,96	<u>16</u> A3 01:43,39 <u>16</u> A5 01:24,45 <u>18</u>		
<b>3</b>	<b>35 ANGELICA</b>	<b>GOOSSENS</b>	PORC	<b>44</b>
A1	02:57,34	<u>14</u> A3 01:52,73 <u>14</u> A5 01:29,85 <u>16</u>		
<b>4</b>	<b>30 HANNE</b>	<b>SEGERS</b>	PORC	<b>39</b>
A1	03:16,15	<u>13</u> A3 02:08,63 <u>13</u> A5 01:32,17 <u>13</u>		
<b>5</b>	<b>26 ROBIN</b>	<b>FEYEN</b>	PORC	<b>36</b>
A1	03:43,20	<u>11</u> A3 02:20,54 <u>11</u> A5 01:30,39 <u>14</u>		
<b>6</b>	<b>38 LAUREN</b>	<b>VANSIELEGHEM</b>	COAST	<b>36</b>
A1	02:44,15	<u>18</u> A3 01:40,07 <u>18</u> A5 01:28,00 <u>0</u>		
			28	
<b>7</b>	<b>28 ANKE</b>	<b>NUYENS</b>	PORC	<b>24</b>
A1	03:24,73	<u>12</u> A3 02:09,13 <u>12</u> A5 01:54,97 <u>0</u>		
			25	



Juniorees				Dames	
plaats	voornaam en naam			club	punt
<b>1</b>	<b>42 LAURI</b>	<b>BAUDUIN</b>		LERC	<b>60</b>
A1	02:29,41	<u>20</u> A3 01:31,47	<u>20</u> A5 01:12,23	<u>20</u>	
<b>2</b>	<b>39 SILKE</b>	<b>FLORUS</b>		LERC	<b>52</b>
A1	02:40,45	<u>18</u> A3 01:32,86	<u>18</u> A5 01:28,63	<u>16</u>	
<b>3</b>	<b>31 CAMILLE</b>	<b>POTIER</b>		SCR	<b>50</b>
A1	02:52,83	<u>16</u> A3 01:41,25	<u>16</u> A5 01:16,03	<u>18</u>	



Seniores				Dames	
plaats	voornaam en naam			club	punt
1	40	ELINE	LECHEIN	SCR	60
A1	02:26,65	<u>20</u>	A3 01:29,40 <u>20</u> A5 01:09,31 <u>20</u>		
2	37	LIES	VEYS	RDK	54
A1	02:44,16	<u>18</u>	A3 01:39,78 <u>18</u> A5 01:14,48 <u>18</u>		
3	32	CELINE	DEJONGHE	IRC	44
A1	03:12,44	<u>14</u>	A3 01:51,54 <u>16</u> A5 01:29,50 <u>14</u>		
4	29	DELPHINE	TERMOTE	IRC	43
A1	03:08,72	<u>16</u>	A3 02:07,35 <u>14</u> A5 01:35,39 <u>13</u>		
5	44	MARISKA	IN'T VELD	RBD	16
A5	01:29,19	<u>16</u>			



**Pre-Masters**

**Dames**

plaats	voornaam en naam		club	punt
<b>1</b>	<b>43 BIEKE</b>	<b>VANDENABEELE</b>	<b>COAST</b>	<b>60</b>
A1	02:25,20	<u>20</u> A3 01:25,16	<u>20</u> A5 01:09,97	<u>20</u>
<b>2</b>	<b>36 KIM</b>	<b>HOOGHE</b>	<b>IRC</b>	<b>54</b>
A1	03:03,97	<u>18</u> A3 01:47,41	<u>18</u> A5 01:26,28	<u>18</u>



Masters				Dames	
plaats	voornaam en naam			club	punt
<b>1</b>	<b>33 ELENA</b>	<b>BONALI</b>	<b>PORC</b>	<b>60</b>	
A1	03:05,95	<u>20</u> A3 02:04,27	<u>20</u> A5 01:22,44	<u>20</u>	
<b>2</b>	<b>27 VEERLE</b>	<b>VANBUEL</b>	<b>LERC</b>	<b>54</b>	
A1	03:32,85	<u>18</u> A3 02:10,95	<u>18</u> A5 01:29,51	<u>18</u>	
<b>3</b>	<b>25 INGRID</b>	<b>DECEUNINCK</b>	<b>IRC</b>	<b>48</b>	
A1	05:42,54	<u>16</u> A3 03:28,03	<u>16</u> A5 02:11,62	<u>16</u>	

<b>Club-14</b>	<b>Dames</b>
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plaats	voornaam en naam	club	punt
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<b>1</b>	<b>102 MEISJES</b>	<b>2</b>	<b>RCTAL</b>	<b>60</b>
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RUTH DE GREEF ILHAM KOUDAD RANIA KOUDAD PHARA ENGELS

**B1** 02:41,44 **20** **B2** 02:13,84 **20** **B3** 01:40,35 **20**

<b>2</b>	<b>101 MEISJES</b>	<b>1</b>	<b>RCTAL</b>	<b>36</b>
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PHEBE VERDICKT FREYA DE JONGE HANNE CASTEELE YILKE VANOUDEHOFEN

**B1** 03:12,41 **18** **B2** 03:05,14 **0** **B3** 03:18,78 **18**

**41**





<b>Club+14</b>	<b>Dames</b>
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plaats	voornaam en naam	club	punt
<b>1</b>	<b>104 DAMES</b> JINSKE FLORUS KATELIJNE KLAASSEN LAURI BAUDUIN SILKE FLORUS	<b>1</b> LERC	<b>60</b>
<b>B1</b>	02:19,25	<b>20</b>	<b>B2</b> 01:59,66 <b>20</b> <b>B3</b> 02:13,34 <b>20</b>
<b>2</b>	<b>106 DAMES</b> DELPHINE TERMOTE CELINE DEJONGHE KIM HOOGHE FANNY VANDEWIELE	IRC	<b>52</b>
<b>B1</b>	02:29,89	<b>18</b>	<b>B2</b> 02:22,86 <b>18</b> <b>B3</b> 02:24,98 <b>16</b>
<b>3</b>	<b>105 DAMES</b> HANNE SEGERS ROBIN FEYEN ANKE NUYENS ANGELICA GOOSSENS	<b>1</b> PORC	<b>50</b>
<b>B1</b>	02:39,16	<b>16</b>	<b>B2</b> 02:28,69 <b>16</b> <b>B3</b> 02:22,47 <b>18</b>

Benjamins						Heren
plaats	voornaam en naam				club	punt
<b>1</b>	<b>18 HINSE</b>	<b>CREUPELANDT</b>	<b>RCTAL</b>		<b>60</b>	
<b>A1</b>	<b>01:35,08</b>	<b>20 A3</b>	<b>00:52,58</b>	<b>20 A5</b>	<b>00:46,97</b>	<b>20</b>
<b>2</b>	<b>17 JEROME</b>	<b>HELEWAUT</b>	<b>RCTAL</b>		<b>54</b>	
<b>A1</b>	<b>01:38,81</b>	<b>18 A3</b>	<b>00:54,75</b>	<b>18 A5</b>	<b>00:47,03</b>	<b>18</b>
<b>3</b>	<b>15 JAMIE</b>	<b>LEYS</b>	<b>PORC</b>		<b>44</b>	
<b>A1</b>	<b>01:49,59</b>	<b>14 A3</b>	<b>01:07,41</b>	<b>14 A5</b>	<b>01:08,06</b>	<b>16</b>
<b>4</b>	<b>16 ILIAN</b>	<b>GOOSSENS</b>	<b>PORC</b>		<b>32</b>	
<b>A1</b>	<b>01:42,77</b>	<b>16 A5</b>	<b>00:54,80</b>	<b>0 A3</b>	<b>01:05,76</b>	<b>16</b>
			<b>30</b>			

<b>Miniemen</b>	<b>Heren</b>
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plaats	voornaam en naam	club	punt
<b>1</b>	<b>20 JÉRÔME POTIER</b>	<b>SCR</b>	<b>56</b>
A1	01:14,02 <u>18</u> A3 00:39,94 <u>18</u> A5 00:34,75 <u>20</u>		
<b>2</b>	<b>24 MARIJN IN'T VELD</b>	<b>RBD</b>	<b>56</b>
A1	01:10,36 <u>20</u> A3 00:38,48 <u>20</u> A5 00:36,99 <u>16</u>		
<b>3</b>	<b>22 YANIS RAES</b>	<b>IRC</b>	<b>50</b>
A1	01:14,91 <u>16</u> A3 00:42,71 <u>16</u> A5 00:36,94 <u>18</u>		
<b>4</b>	<b>23 ROBBE WILMOTS</b>	<b>RCTAL</b>	<b>42</b>
A1	01:16,00 <u>14</u> A3 00:43,12 <u>14</u> A5 00:37,76 <u>14</u>		
<b>5</b>	<b>14 JONAS NEYENS</b>	<b>PORC</b>	<b>13</b>
A1	01:59,94 <u>13</u> A3 01:05,26 <u>0</u> A5 01:06,12 <u>0</u> 21 33		

**Cadetten**

**Heren**

plaats	voornaam en naam	club	punt
<b>1</b>	<b>60 ANDRES PLAETINCK</b>	<b>RDK</b>	<b>56</b>
A1	02:26,55 <u>20</u> A3 01:31,70 <u>16</u> A5 01:08,56 <u>20</u>		
<b>2</b>	<b>58 LENNERT VERBRUGGE</b>	<b>RDK</b>	<b>54</b>
A1	02:32,97 <u>18</u> A3 01:29,03 <u>18</u> A5 01:13,69 <u>18</u>		
<b>3</b>	<b>55 TANGUY COLLIN</b>	<b>BOUST</b>	<b>49</b>
A1	02:45,10 <u>16</u> A3 01:27,87 <u>20</u> A5 01:20,34 <u>13</u>		
<b>4</b>	<b>59 SEBASTIAAN VAN MOL</b>	<b>RCTAL</b>	<b>43</b>
A1	02:45,92 <u>14</u> A3 01:43,63 <u>13</u> A5 01:18,14 <u>16</u>		
<b>5</b>	<b>53 BRAM NEIRINCK</b>	<b>RCTAL</b>	<b>39</b>
A1	02:55,08 <u>13</u> A3 01:44,50 <u>12</u> A5 01:19,20 <u>14</u>		
<b>6</b>	<b>48 FRANCIS DEBRUYNE</b>	<b>COAST</b>	<b>36</b>
A1	03:06,85 <u>11</u> A3 01:43,13 <u>14</u> A5 01:31,35 <u>11</u>		
<b>7</b>	<b>52 STÉPHANE DEBLAERE</b>	<b>SCR</b>	<b>35</b>
A1	02:55,35 <u>12</u> A3 01:59,11 <u>11</u> A5 01:24,13 <u>12</u>		
<b>8</b>	<b>51 TRISTAN HOSTE</b>	<b>COAST</b>	<b>0</b>
A1	<u>0</u> A3 <u>0</u> A5 <u>0</u>		
	FF FF FF		



**Juniorees**

**Heren**

plaats	voornaam en naam	club	punt
<b>1</b>	<b>50 TOBIAS BRUYNEEL</b>	<b>RAG</b>	<b>60</b>
<b>A1</b>	03:05,81 <b><u>20</u></b> <b>A3</b>	01:50,72 <b><u>20</u></b> <b>A5</b>	01:22,54 <b><u>20</u></b>

<b>Seniores</b>				<b>Heren</b>	
plaats	voornaam en naam			club	punt
<b>1</b>	<b>70 SAM</b>	<b>VAN HOVE</b>	<b>COAST</b>	<b>52</b>	
A1	02:23,42	<u>16</u> A3 01:19,75	<u>16</u> A5 01:04,44	<u>20</u>	
<b>2</b>	<b>68 OLIVIER</b>	<b>CLERENS</b>	<b>SCR</b>	<b>52</b>	
A1	02:20,85	<u>18</u> A3 01:19,20	<u>18</u> A5 01:08,26	<u>16</u>	
<b>3</b>	<b>66 DEVIN</b>	<b>VERRECK</b>	<b>LERC</b>	<b>46</b>	
A1	02:29,39	<u>14</u> A3 01:22,38	<u>14</u> A5 01:07,70	<u>18</u>	
<b>4</b>	<b>56 DIETER</b>	<b>WILLEMS</b>	<b>IRC</b>	<b>40</b>	
A1	02:35,03	<u>13</u> A3 01:33,60	<u>13</u> A5 01:17,52	<u>14</u>	
<b>5</b>	<b>69 DAVE</b>	<b>ROBEYNS</b>	<b>LDABDS</b>	<b>40</b>	
A1	02:13,81	<u>20</u> A3 01:15,81	<u>20</u> A5 01:09,69	<u>0</u> 25	
<b>6</b>	<b>49 BRECHT</b>	<b>WILLEMS</b>	<b>IRC</b>	<b>37</b>	
A1	02:58,09	<u>12</u> A3 01:43,03	<u>12</u> A5 01:28,72	<u>13</u>	
<b>7</b>	<b>47 WILLEM</b>	<b>VAN HOYWEGHEN</b>	<b>RAG</b>	<b>34</b>	
A1	03:07,79	<u>11</u> A3 01:52,02	<u>11</u> A5 01:29,90	<u>12</u>	



<b>Pre-Masters</b>	<b>Heren</b>
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plaats	voornaam en naam		club	punt
<b>1</b>	<b>65 MAARTEN</b>	<b>VEYS</b>	<b>COAST</b>	<b>60</b>
A1	02:18,50	<u>20</u> A3 01:16,68	<u>20</u> A5 01:00,26	<u>20</u>
BR				
<b>2</b>	<b>64 MICHAEL</b>	<b>GHYSELBRECHT</b>	<b>COAST</b>	<b>54</b>
A1	02:22,32	<u>18</u> A3 01:20,40	<u>18</u> A5 01:03,31	<u>18</u>
<b>3</b>	<b>63 KENNETH</b>	<b>HOOGHE</b>	<b>IRC</b>	<b>48</b>
A1	02:32,78	<u>16</u> A3 01:31,48	<u>16</u> A5 01:13,44	<u>16</u>

<b>Masters</b>	<b>Heren</b>
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plaats	voornaam en naam	club	punt
<b>1</b>	<b>67 FRANÇOIS BOCKSTAELE</b>	IRC	<b>60</b>
A1	02:22,98 <u>20</u> A3 01:18,22 <u>20</u> A5 01:08,34 <u>20</u>		
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<b>2</b>	<b>62 GINO WILLEMS</b>	IRC	<b>50</b>
A1	02:33,28 <u>18</u> A3 01:31,94 <u>18</u> A5 01:22,88 <u>14</u>		
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<b>3</b>	<b>57 GEERT DOCHY</b>	IRC	<b>48</b>
A1	02:45,98 <u>16</u> A3 01:38,84 <u>16</u> A5 01:18,90 <u>16</u>		
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<b>4</b>	<b>54 ERIK VERSTRAETEN</b>	LERC	<b>46</b>
A1	02:55,35 <u>14</u> A3 01:41,82 <u>14</u> A5 01:15,61 <u>18</u>		
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<b>5</b>	<b>46 MARCEL IN'T VELD</b>	RBD	<b>39</b>
A1	03:15,64 <u>13</u> A3 01:53,02 <u>13</u> A5 01:24,41 <u>13</u>		
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<b>6</b>	<b>45 JOS VERRECK</b>	LERC	<b>36</b>
A1	04:26,32 <u>12</u> A3 02:13,94 <u>12</u> A5 01:38,86 <u>12</u>		
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<b>Club-14</b>	<b>Heren</b>
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plaats	voornaam en naam	club	punt					
<b>1</b>	<b>103 JONGENS</b>	<b>1</b>	<b>PORC</b>	<b>40</b>				
	JAMIE LEYS ILIAN GOOSSENS JONAS NEYENS CHARLOTTE NUYENS SHANI MAIEU							
<b>B1</b>	03:11,41	<u>20</u>	<b>B2</b>	02:57,38	<u>0</u>	<b>B3</b>	02:57,75	<u>20</u>
				41				

**Club+14**

**Heren**

plaats	voornaam en naam	club	punt
<b>1</b>	<b>112 HEREN</b> FRANCIS DEBRUYNE MAARTEN VEYS MICHAEL GHYSELBRECHT SAM VAN HOVE	<b>1</b> COAST	<b>60</b>
<b>B1</b>	02:02,32	<b>20 B2</b> 01:33,80	<b>20 B3</b> 01:53,89 <b>20</b>
<b>2</b>	<b>110 HEREN</b> FRANÇOIS BOCKSTAELE GINO WILLEMS KENNETH HOOGHE FREDERIC FONTEYNE	<b>1</b> IRC	<b>52</b>
<b>B1</b>	02:04,19	<b>18 B2</b> 01:45,59	<b>16 B3</b> 01:57,81 <b>18</b>
<b>3</b>	<b>111 HEREN</b> JÉRÔME POTIER CAMILLE POTIER ELINE LECHEIN STÉPHANE DEBLAERE OLIVIER CLERENS	<b>1</b> SCR	<b>50</b>
<b>B1</b>	02:14,16	<b>16 B2</b> 01:44,50	<b>18 B3</b> 02:02,94 <b>16</b>
<b>4</b>	<b>109 HEREN</b> WILLEM VAN HOYWEGHEN TOBIAS BRUYNEEL BEN GREEN VINCENT VERMEYLEN	<b>RAG</b>	<b>40</b>
<b>B1</b>	02:29,08	<b>13 B2</b> 02:20,75	<b>13 B3</b> 02:21,00 <b>14</b>
<b>5</b>	<b>108 HEREN</b> YANIS RAES BRECHT WILLEMS DIETER WILLEMS GEERT DOCHY	<b>2</b> IRC	<b>28</b>
<b>B1</b>	02:18,76	<b>14 B2</b> 01:53,94	<b>14 B3</b> 02:11,15 <b>0</b>